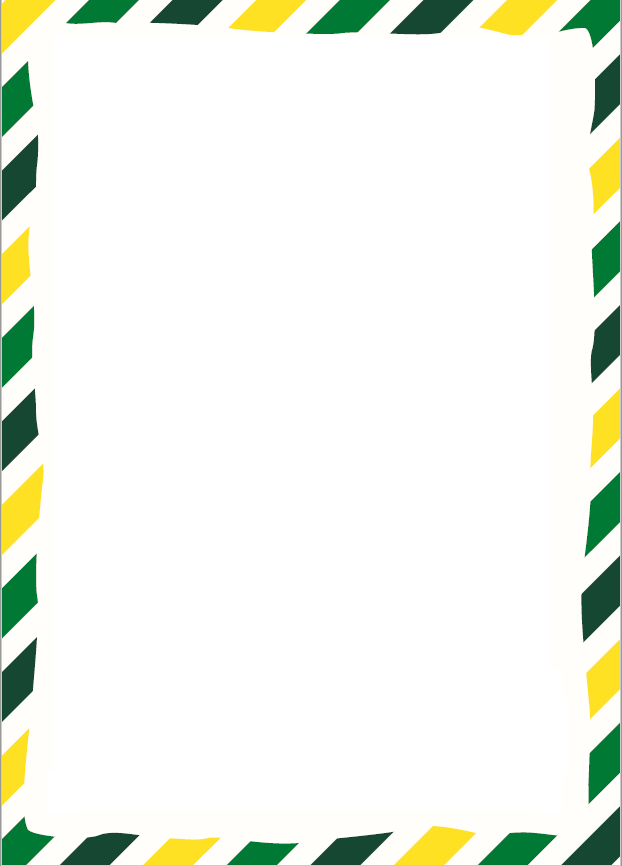
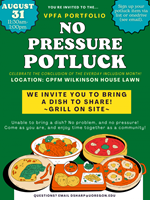
****[](https://vpfa.uoregon.edu/everyday-inclusion-2023-inclusion-action)

**Weekly Challenges Week 5: Aug 28-31**

1. **ASK** a co-worker for a podcast or book suggestion. Even better if it’s someone you don’t know that well. Find out what your co-workers are reading and listening to and possibly be exposed to a book or podcast you never knew existed.
2. **SHARE** a recipe that’s important to you with your department. Encourage others to do the same. Check out last year's **Foods that Connect Us** page for inspiration and food for thought: <https://blogs.uoregon.edu/foodsthatconnectus/>
3. ****[](https://support.microsoft.com/en-au/office/add-holidays-to-your-calendar-in-outlook-for-windows-f16d872f-8dad-4750-bb7c-166e72c26977)**ADD major holidays to your Outlook calendar so that you can be aware of dates that might not be inclusive for group meetings and events. It’s easy to add Christian, Jewish, and Islamic religious holidays to Outlook so we can plan inclusive meetings that welcome employees to fully participate, regardless of religion or faith tradition.**
4. **CONSIDER how you communicate productively with people who have different opinions from yours. Try using phrases like: “That’s a different perspective”, “I see your point of view”, or**

**“I never thought of it that way”.**

1. **[](https://vpfa.uoregon.edu/sites/vpfa2.uoregon.edu/files/2023-07/no-pressure-potluck-aug-31-1130am-1pm.pdf)FIND OUT** about your co-workers' favorite local, minority-owned businesses. Share yours. Do your favorites include Mishjacks Catering, Stingray Botanicals, Vishnu Imports, CrossCultural Now language services, or Let’s Move Fitness Studio?

**JOIN us** for the final activity of [Everyday Inclusion](https://link.pblc.me/c/734190981?alt_obj=hre&method=email&url=https%3A%2F%2Fvpfa.uoregon.edu%2Feveryday-inclusion-2023-inclusion-action&hash=ffbaa8&chk=0-c16dbe&u=b1cb72) 2023 on **Thurs, Aug 31, 11:30am-1pm** on the CPFM Wilkinson House lawn: **a potluck for the portfolio**!

There will be burgers and hot dogs (meat and meat-free), sandwiches and sodas, chips and dips, cookies and corn hole, and hanging out with colleagues from across campus. Bring a dish to share--or don't. Come as you are and enjoy time together.

**IN-PERSON ACTIVITIES: Final week**

* **Mon, Aug 28, 1-2pm**: Psychological Safety at Work, facilitated by Deborah Butler (VPFA Office), [EMU 107 Miller Room](https://link.pblc.me/c/734188993?alt_obj=hre&method=email&url=https%3A%2F%2Fmap.uoregon.edu%2Fe7c6f1c84&hash=472907&chk=0-c16dbe&u=b1cb72)
* **Tues, Aug, 29, 9am-11am**: Grove Community Garden drop-in session, [Grove Garden](https://link.pblc.me/c/734188993?alt_obj=hre&method=email&url=https%3A%2F%2Fmap.uoregon.edu%2F8942955fd&hash=bf8ed7&chk=0-c16dbe&u=b1cb72)
* **Wed, Aug 30, 12-1pm**: Beginner Salsa Dance (Mambo), Lindsey Salfran (SRS), [Gerlinger Annex GRX 352](https://link.pblc.me/c/734188993?alt_obj=hre&method=email&url=https%3A%2F%2Fmap.uoregon.edu%2F2fc154bca&hash=107f81&chk=0-c16dbe&u=b1cb72)
* **Thurs, Aug 31, 11:30am-1pm**: No Pressure Potluck! [CPFM Wilkinson House lawn](https://link.pblc.me/c/734188993?alt_obj=hre&method=email&url=https%3A%2F%2Fmap.uoregon.edu%2F8daf46544&hash=f60ed9&chk=0-c16dbe&u=b1cb72)

\*\*Register in [MyTrack](https://link.pblc.me/c/734188993?alt_obj=hre&method=email&url=https%3A%2F%2Fuomytrack.pageuppeople.com%2Flearning%2F&hash=af9ab0&chk=0-c16dbe&u=b1cb72) or contact Debbie Sharp at [dsharp@uoregon.edu](mailto:dsharp@uoregon.edu)/541-346-3096 to sign up\*\*