

Weekly Challenges

Week 1: Feb 3-7



- 1) **SHARE:** Talk with a co-worker about something you've been reading, listening to, watching, or observing. Maybe it's a podcast or a show that made an impact. (10 min)
 - Can't think of one? Try Julian Treasure's 7-minute TedTalk on better listening: https://www.ted.com/talks/julian_treasure_5_ways_to_listen_better
- 2) **VENTURE:** Try learning more about a topic you are interested in: diversity, gender, race, communication, pronouns, or any number of topics. Check out our online resources (<https://vpfa.uoregon.edu/everyday-inclusion-2020>) or explore and find your own. (10 min)
- 3) **LEARN:** Take some time to learn more about the diverse range of employees in Finance and Administration. You may be surprised at the variety of jobs, the paths taken to careers at UO, and the fun activities people get up to in their free time. <https://vpfa.uoregon.edu/vpfa-employee-spotlight> (5 min)
- 4) **CREATE:** Get in touch with your creative side during the month-long Artful Inclusion activity. Make 4" x 4" squares (or smaller)—the only limits are the 4" x 4" size and your imagination! Starter supplies and instructions available in your department. Deadline: Feb 28!
- 5) **PARTICIPATE:** Sign up for one of the in-person activities hosted by the VPFA diversity committee in February, including the first Artful Inclusion session: <https://vpfa.uoregon.edu/everyday-inclusion-2020>



Artful inclusion supplies

IN-PERSON ACTIVITIES: This week and next

- Artful Inclusion, **Thursday, February 6, 12pm–1:00pm**, Human Resources Conference Room, 4th Floor, Peace Health North, 677 East 12th Avenue
- Guided tour of the JSMA exhibit "Resistance as Power: A curatorial response to *Under the Feet of Jesus*", **Friday February 7, 3pm-4:00pm**, Jordan Schnitzer Museum
- Women, language, and power, Melissa Baese-Berk (Associate Prof of Linguistics), **Monday February 10, 10:30am-11:30am**, SRS room 271, 1715 Franklin Building

Register in MyTrack or contact Debbie Sharp at dsharp@uoregon.edu/541-346-3096 to sign up