EARLY CHILDHOOD CARES COMMUNITY RESOURCE GUIDE







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Early Childhood CARES provides early intervention and early childhood special education to infants, toddlers and preschool age children in Lane County. All services are free of charge to eligible children. In addition to families, Early Childhood CARES also provides community trainings and resources to community partners and care providers.

Early Childhood CARES services include parent consultation, parent-toddler groups, specialized preschools, consultation to children in community preschools or child care, and speech, physical or occupational therapy. Our staff are licensed professionals with specializations in the areas of early intervention/early childhood special education, speech therapy, physical therapy, autism and behavior

Early Childhood CARES is part of the College of Education at the University of Oregon and a subcontractor of Lane Education Service District (ESD). We are funded by the Oregon Department of Education with state and federal dollars.





COMMUNITY PARTNERS

EARLY CHILDHOOD CARES ALSO UTILIZES THE EXPERTISE OF THE COMMUNITY AND FUNDS THREE COMMUNITY PROGRAMS TO PROVIDE EDUCATIONAL SERVICES: THE EARLY EDUCATION PROGRAM AND THE RELIEF NURSERY.

Early Education Program (EEP) A preschool program for children from 3 years to school age who have developmental delays, with many classrooms throughout Lane County. 99 West 10th Avenue Eugene, OR 97401 Phone: (541) 425-0368 Relief Nursery Provides family focused early intervention to parents in order to provide positive parenting and prevent child abuse. Provides classroom and home visits for children and parents. 1720 West 25th Street Eugene OR 97405 Phone: (541) 343-9706





LIBRARIES AND RECREATION

Local Libraries

Eugene Public Library Downtown Library – 100 W 10th Ave. Bethel Branch – 1990 Echo Hollow Rd. Sheldon Branch – 1566 Coburg Rd.

Website: www.eugeneor.gov/library

Springfield Public Library 225 5th St., Springfield Website: www.wheremindsgrow.org Creswell Public Library 64 W. Oregon Ave., Creswell

Website: http://www.creswelllibrary.org

Cottage Grove Public Library

700 E Gibbs Ave., Cottage Grove Website: cottagegrovepubliclibrary.org

Fern Ridge Public Library 88026 Territorial Rd., Veneta Website: http://fernridgelibrary.org

Suislaw Public Library Florence –1460 9th St., Florence Mapleton – 88148 Riverview Ave., Mapleton Website: https://www.siuslawlibrary.info

Fern Ridge Public Library 88026 Territorial Rd., Veneta Website: http://fernridgelibrary.org

Suislaw Public Library

Florence —1460 9th St., Florence Mapleton — 88148 Riverview Ave., Mapleton Website: https://www.siuslawlibrary.info

Recreation Services

City of Eugene Recreation Services Website: www.eugene-or.gov/rec Phone: 541-682-5333

Willamalane Park & Recreation District (Springfield) Website: www.willamalane.org Phone: 541-736-4544

River Road Parks and Recreation (North Eugene) Website: http://rrpark.org/ Phone: 541-688-4052







AFFORDABLE HOUSING,FOOD CLOTHING

The Brattain House Provides family services for Springfield Public Schools, including free clothing for families, school supplies, homeless services, services for English language learners and connections to services throughout Lane County. Website: springfield.k12.or.us/Page/6436 Phone: 541-744-6769

Catholic Community Services An essential provider of safety-net services in Lane County, particularly food distribution. CCS also helps with clothing, utility payment assistance, bus passes, and basic necessities.

Website: http://www.ccslc.org Phone: 541-345-3628

Cornerstone Community Housing Provides high-quality affordable housing for individuals and families with income between 30 and 60 percent of the Area Median Income. Website:

cornerstonecommunityhousing.org/ Phone: 541-683-1751 LDHS Self-Sufficiency Your local DHS Self Sufficiency office is your resource for inperson help applying for SNAP (food stamps), Temporary Assistance for Needy Families, child care assistance, and refugee services.

Website:

oregon.gov/DHS/Assistance Phone: 541-686-7878 (Eugene) 541-942-9186 (Cottage Grove) 541-726-3525 (Springfield), 541-997-8251 (Florence)

Diapers

Free diapers available for children with developmental delays age 3 and older with Trillium OHP insurance. Family needs to request a prescription for diapers from doctor. Doctor will fax prescription to a vendor. Some private insurances will cover this benefit and some do not. Please check with your carrier.



AFFORDABLE HOUSING,FOOD CLOTHING

First Place Family Center

Helps families who are low-income, at risk of losing their housing or are in transition between homes due to job loss, health issues and other critical problems.

Website: svdp.us/what-wedo/homeless-services/first-placefamily-center/ Phone: 541-342-7728

FOOD for Lane County

A private, nonprofit food bank that provides emergency food assistance and supplemental food programs. Website:

https://foodforlanecounty.org/ Phone: 541-343-2822

Homes for Good Housing Agency Provides safe, affordable and energyefficient housing for low-income Lane County residents. Website: homesforgood.org Phone: 541-682-3755 (Eugene)

Lane County WIC

Special supplemental nutrition program for women, infants, and children providing monthly food vouchers, nutrition education, and breastfeeding support. Website: oregon.gov/oha/ph/healthypeoplefam ilies/wic Phone: 541-682-4202

Lane County Diaper Bank

Distributes diapers once a month on Wednesdays. Please be able to verify low-income status with SNAP, WIC, or OHP card. Please contact in advance for more details, and to verify they have the size you need. Contact: https://lcdiaperbank.org/contact/

Little Free Pantries https://burritobrigade.org/little-

free-pantries/

The Hope Project

The Hope Project is a Lane County non-profit dedicated to quick response needs: large and small, near and far. "The mission is simple: if we hear about a need falling through the cracks of traditional support systems or needing immediate assistance, we'll coordinate and provide any help we can."

https://www.hopeprojecthelps.co m/ask







LOCAL EDUCATIONAL SERVICES, CHILDCARE AND PARENTING SUPPORT

Daisy C.H.A.I.N.

Provides free breastfeeding support and postpartum doula services for families in Lane County regardless of income. Services available via telehealth during COVID. Website: daisychainlane.org Phone: 541-505-1139 Emergency Child Care in Lane County

211 info Child Care

Provides free, customized referrals to child care providers and strategies for finding quality child care in Oregon – https://www.211info.org/ CALL 211 or 1-866-698-6155. Listen to the prompt for Child Care and press the specified number.

TEXT keyword "children" or "niños" to 898211 (TXT211)

EMAIL children@211info.org

Early Education Program

Early Education Program (EEP) is a preschool program with the mission of working together with families to prepare preschoolers of all abilities to succeed in kindergarten and beyond. Website: earlyeducationprogram.org Phone: 541-485-0368 Head Start of Lane County Head Start of Lane County is a nonprofit organization serving eligible children and families throughout Lane County. It promotes school readiness by providing educational, nutritional, health, and social services to enrolled children. Services are provided in Early Head Start home-based programs and part and full-time Head Start classrooms. Website: www.hsolc.org Phone: 541-747-2425.

Inclusive Partners

A state-wide program that helps with supports and accommodations in childcare for eligible children. May include financial support to cover the higher cost of care for some children. Website: inclusivepartners.org Phone: 1-866-837-0250 Email: inclusivepartners@dhsoha.state.or.us

Lane Education Service District Provides services to school districts in Lane County. Services focus on: services for students with special needs, administrative services, technology support, and school improvement. Website: www.lesd.k12.or.us Phone: 541-461-8200



LOCAL EDUCATIONAL SERVICES, CHILDCARE AND PARENTING SUPPORT

Parenting Now!

Parenting Now! provides parenting education and support to families with young children. Website: parentingnow.org Phone: 541-484-5316 Preschool Promise Preschool Promise is a low-cost preschool program for income-eligible families. Sites in Cottage Grove, Creswell, Dorena, Eugene, Springfield, and Junction City. Website: lanekids.org/preschoolpromise/

Phone: 541-741-6000

Relief Nursery

Nonprofit child abuse and neglect prevention agency provding early childhood services and family supports. Website: www.reliefnursery.org Phone: 541-343-9706

WellMama

WellMama provides a variety of pregnancy and postpartum support to women and families. Free support groups, wellness workshops, and online chats available for women and their family members. Mental health referrals for fathers are available as well. The Unexpected Journeys support group is for families of young children with developmental delays and disabilities, or other health challenges.

Website:

http://www.wellmamaoregon.com/ Phone: 1-800-896-0410 (all messages will be returned within 24 hours) Email: info@wellmamaoregon.org *If you are in danger of hurting yourself or others, call 911.







LOCAL RESOURCES FOR FAMILIES EXPERIENCING DISABILITY

Autism Society of Oregon

Empowers individuals with autism, their familes, and their service providers with programs in education, support, services, policy, advocacy, and awareness. Website: www.autismsocietyoregon.org Phone: 1-888-288-4761

Bridgeway House

A nonprofit organization that offers education, therapies, and support to children and families affected by autism and related disabilities. Website: www.bridgewayhouse.org Phone: 541-345-0805

Creative Housing Solutions

Plans and designs solutions to help make homes safe while increasing individual control and independence for people with special needs. Website: http://gbcchs.com Phone: 541-685-1406

Developmental Disabilities Services: Lane County

Provides support, case management, and crisis response for persons with developmental disabilities and their families. Website:lanecounty.org/cms/One.aspx? portalld=3585881&pageId=4133191 Phone: 541-682-3695

Down Syndrome Network Oregon (DSNO)

DSNO is a faith-based support group that provides comfort and acceptance for families, friends, and individuals with Down Syndrome. Website: https://dsno.org Families and Communities Together (FACT) Offers trainings and family support to families experiencing disability. A helpline is available to answer questions, provide assistance with special education concerns, and support families in preparation for IEP/IFSP meetings. Website: www.factoregon.org Phone: 503-786-6082 or 1-888-988-3228

Kindtree – Autism Rocks

Support, services, and information for individuals and families living with autism, and the professionals who serve them. Website: https://kindtree.org/ Phone: 541-780-6950

Oregon Council on Developmental Disabilities Focuses on activities that enhance the independence, productivity, integration, and inclusion of Oregonians with developmental disabilities and their familes. Website: www.ocdd.org Phone: 503-235-0369

RideAble

An equestrian program for people with special needs living in the Eugene/Springfield area. Website: www.rideable.org

Phone: 530-515-2610

The Arc Lane County

Offers a variety of services and programs to support people with intellectual and developmental disabilities and their families. Website: www.arclane.org Phone: 541-343-5256





Supplemental Security Income (SSI) Frequently Asked Questions:

What is Supplemental Security Income?

SSI is a program run through the Social Security office that will make a payment for children/adults with disabilities and limited resources and income.

What are the eligibility requirements?

A child younger than age 18 can qualify if he/she has a physical or mental condition (or combination) that result in "marked and severe functional limitations." Meaning the disability seriously limits the child's activities. The condition must also be expected to last for at least 12 months.

How do I apply? What information do I need?

You can pick up a paper application and starter kit at your local social security office or print the application and information checklists at home. Get started here: https://www.ssa.gov/disability/disability_starter_kits_child_eng.htm What happens next?

The disability determination services office in your state review your application and will request your child's medical and school records. Your child may need to take a free medical examination or test.

Who do I contact for more information?

Social Security Administration 1-800-772-1213.







LOCAL MEDICAL, THERAPY, AND COUNSELING RESOURCES

Center for Community Counseling A nonprofit mental health organization that provides affordable counseling and parent education workshops. Website: www.ccceugene.org Phone: 541-344-0620

Child and Family Center A program through the University of Oregon that provides low-cost family therapy and support, and childcentered skill enhancement. Website: https://psi.uoregon.edu/child-andfamily-center Phone: 541-346-4910

Child Development & Rehabilitation Center (CDRC) CDRC specializes in diagnosis, assessment and intervention related to disorders affecting development. Child development, communication disorders, feeding and nutrition, outreach clinics, neurodevelopmental, etc. Website: www.ohsu.edu/cdrc Phone: 541-346-3575

Community Health Centers of Lane County

Provides quality, low-cost health care services at multiple health centers in Eugene and Springfield.

Website: https://www.lanecounty.org Phone: 541-682-3550 Connect the Dots Pediatric Therapy Provides occupational, physical, and speech therapy for children and adolescents. Website: www.ctdpediatrictherapy.com Phone: 541-255-2681 Direction Service Counseling Center: 541-344-7303

Center for Appropriate Dispute Resolution in Special Education: 541-359-4210 Youth and Family Services: 541-686-5060. Website: www.directionservice.org

HEDCO Clinic Multi-disciplinary training clinic within the University of Oregon. Resources include speech language services, counseling for parents, and applied behavior analaysis (ABA) therapy. Website:

https://hedcoclinic.uoregon.edu Phone: 541-346-0923

Lane County Public Health Provides immunizations and family healthcare. Home visits for health and parenting support for eligible families. Website: lanecounty.org/cms/one.aspx?

pageld=4078590 Phone: 541-682-4041 COVID-19 Call Center: 541-682-1380



LOCAL MEDICAL, THERAPY, AND COUNSELING RESOURCES

Options Counseling Individual counseling, dialectical behavioral therapy group, Circle of Security parenting group, parent-child interaction therapy. Website: wp.options.org Phone: 541-687-6983

Oregon Community Programs Offers parent-child interaction therapy for children ages 2 to 6 with behavior challenges. Early Childhood CARES clients with OHP may receive services at our main office. Contact your service coordinator for a referral. All other families may contact Oregon Community Programs directly. Website:

oregoncommunityprograms.org Phone: 541-743-4348

Oregon Family Support Network Oregon Family Support Network (OFSN) Lane County partners with families of children who experience behavioral, emotional or mental health challenges to help them succeed at home, school and in life. The following services are offered: Peer Support, Wraparound Family Partners, Monthly Events for Families. Website: https://www.ofsn.org/ofsnregional-offices-oregon/ofsn-lanecounty-oregon/

Phone: 541-342-2876

The Child Center Mental health assessments, outpatient counseling, intensive treatment, and crisis intervention. Free collaborative problem solving parenting classes. Website: https://www.thechildcenter.org Phone: 541-726-1465

The Trauma Healing Project Low-cost healing and wellness services, including acupuncture, art therapy, yoga, and movement. Scholarships available. Website: https://healingattention.org/ Phone: 541-687-9447







CRISIS NUMBERS, RESPITE OPPORTUNITIES

CAHOOTS Crisis Center

Provides immediate stabilization in case of urgent medical need or psychological crisis in Eugene/Springfield. Dispatched through the non-emergency police phone numbers. Eugene: 541-682-5111 Springfield: 541-726-3714

Respite Opportunities These services may not be available during the COVID-19 pandemic. Contact the provider for the most updated information.

The Arc Saturday Respite Program This program is for children ages 5 to 21 with developmental disabilities. Two Saturdays per month September through June at 4181 E St., Springfield. Families provide a sack lunch. Contact Annie for more information at annie.wahto@arclane.org.

The Arc JumpStart!

After school childcare practicing independence, communication, and community living skills. Ages 5 to 21. Monday through Friday from 2-6 p.m. and 7:30 a.m. – 6 p.m. non-school days.

Contact Annie for more information at annie.wahto@arclane.org.

Social Groups at Bridgeway House Bridgeway House Social Groups provide a supportive setting for children to practice their social skills and build friendships. Groups are generally composed of children of similar ages and skill levels. Some groups are based on similar special interests (e.g. Legos or Minecraft). Call 541-345-0805 for more information.

Family Fun Events

Families Connected also organizes monthly Family Fun Events where families are able to connect with other families in community settings. Check the website for up-to-date information on dates and locations.

Summer Recreation Co-op Join other families experiencing disability in the community for fun events throughout the summer. Schedule is available on Facebook at

facebook.com/FamiliesConnected CommunityCalendar.





TRAINING FUNDS FOR FAMILIES, GETTING INVOLVED IN EARLY INTERVENTION, EARLY CHILDHOOD SPECIAL EDUCATION

Early Childhood CARES has training funds available that families may use to attend a workshop, training or conference. Parents can access funds to pay conference registration fees, lodging, food, transportation or childcare. Parents may contact their service provider and request a form that will need to be completed and returned to Early Childhood CARES for pre-approval.

Getting Involved in Early Intervention/Early Childhood Special Education

Local Statutory Oversight Committee: Eugene, OR The Statutory Oversight Committee (SOC) is comprised of service providers, community agencies, school district personnel and Early Childhood CARES families meeting to discuss fiscal issues and the delivery of services to children and their families. Meetings are guarterly from 9-10:30 a.m. at Early Childhood CARES, 1500 W 12th Ave., Eugene. Childcare is not provided for SOC meetings, however, parents may request a \$25 stipend which may be used to pay for self-arranged childcare. Please call 541-346-2578 for more information.

Getting Involved at the State Level

Oregon Disability Network The Oregon Disability Network is a collaborative statewide network of disability organizations and their members, including people with disabilities, their families, friends, providers, and policy makers. Members share information, learn about training events and empowerment opportunities and have the chance to voice their opinions on policy issues. Visit www.ocdd.org or call 503-235-0369.

Alliance for Early Intervention The Alliance for Early Intervention/Early Childhood Special Education (AEI) works with parents and professionals to advocate on behalf of early intervention and early childhood special education. Visit the AEI website at http://www.oregonaei.org or on http://www.facebook.com/OregonAEI to find updates about legislative issues, links to blogs and articles with an EI/ECSE focus. Monthly emails provide information

about current services and opportunities to be involved and informed.



Summer Activity Guide







4-H YOUTH DEVELOPMENT

Empowers young people with hands on learning experiences to help them grow and thrive. Plant and animal sciences, outdoor education, school enrichment, civic engagement, social skills and life skills, STEM. Fees vary.

LaneCounty4H@oregonstate.edu 541 344 5043

ADVENTURE! CHILDREN'S MUSEUM

10 am 6 pm Weekdays. 11 am
6 pm Weekends.
\$5 / person, free for 2 or younger.
Reduced admission for EBT
cardholders.
541 653 9629
490 Valley River Center, Eugene

AMAZON COMMUNITY CENTER

Fitness, family art classes, outdoor concerts, summer camps, pre school program. Scholarships available. 541 682 5373 2700 Hilyard St., Eugene

AMAZON POOL

Outdoor pool is open May October, featuring 3 pools with 2 water slides, a diving platform, hot tub, a sandbox. Lap & rec swims, lessons, & water based fitness classes. 541 682 5350 2600 Hilyard St., Eugene

BOY SCOUTS OF AMERICA (BSA)

For youth of all genders in the fifth grade through high school. Service, community engagement, and leadership development, camping, skill building, and connection. https://www.scouting.org/about/l ocal council locator/

BOUNCE GYMNASTICS

Gymnastics & Circus Arts classes and camps for all ages. Aerial arts, ninja zone, cheer camps. 541 343 4222 329 W 3rd Ave, Eugene

CASCADES RAPTOR CENTER

Nature center specializing in raptors. \$9 adults, \$8 students, \$6 for kids under age 12. Free family passes can be checked out at Lane County libraries (up to \$30)

DEFY EXTREME AIR SPORTS

\$13 \$17 / hour, depending on age. 2 and younger are free with another paid jumper. Trampolines, obstacle course, zip line. Jump socks required (\$3).

ECHO HOLLOW POOL

Lap & recreational swims, lessons, water based fitness classes, fitness equipment. 541 682 5525 1655 Echo Hollow Rd, Eugene

EUGENE FAMILY YMCA

Recreational programs, group fitness & swim lessons for people of all ages. Scholarships available. 541 686 9622 2055 Patterson, Eugene

EUGENE PUBLIC LIBRARY

Story time, activities for children & families. See website for current information. Free for City of Eugene residents. Can purchase pass if outside Eugene. Downtown Branch 100 W. 10th 541 682 8316 Bethel Branch 1990 Echo Hollow Rd 541 682 5450 Sheldon Branch 1566 Coburg Rd 541 682 5450

EUGENE SCIENCE CENTER

Science exhibits, planetarium, camps.Reduced rates with EBT card. 541 682 7887 2300 Leo Harris Pkwy, Eugene

GET AIR

Trampoline park, ninja course, foam pit, dodge ball, toddler area. Prices are \$10 15 / hour, depending on height of the child. Jump socks are required (\$3 / pair).541 827 1016 4211 W 11th Ave, Eugene

GIRL SCOUTS OF OREGON AND

SOUTHWEST WASHINGTON

Engaging, challenging, fun activities like earning badges, going on trips, selling cookies, exploring science, getting outdoors, and doing community service projects. 541 485 5911 72 Centennial Loop #300, Eugene

GO MOM GO

Online calendar of local classes, activities, events for children in Lane County. www.gomomgoeugene.com/

GREENHILL YOUTH VOLUNTEER

PROGRAM

For youth age 12 15. Must commit to 2 hours / week for 3 6 months. Youth must be supervised by a guardian over the age of 18 at all times. 541 844 1777

88530 Green Hill Rd, Eugene

HILYARD COMMUNITY CENTER

Camps, trips, drama, music, fitness, support groups, sports, Paralympic sports, veteran programs, adaptive equipment rentals. 541 682 5311 2580 Hilyard St., Eugene

KIDSPORTS

TPositive youth team sports experiences. Equipment Room open M F 7:30 5:30 541 683 2374 2190 Polk St, Eug

LANEKIDS

Calendar of local events for children in Lane County. www.lanekids.org/events/

LITTLE HANDS CAN

Local volunteer opportunities for children. http://littlehandscan.org

MUSEUM OF NATURAL AND

CULTURAL HISTORY (U OF O)

TOnline and in person visits. Open Wed Sun, 10 a.m. to 5 p.m., Thursdays until 8 p.m. General admission: \$6. Seniors and youth (3 18): \$4. Families (2 adults, 2 youth): \$12. Children under 2, UO students / staff, veterans / active duty military personnel: FREE. 541 346 3024 mnch@uoregon.edu 1680 East 15th Avenue, Eugene

NATIONAL ACADEMY OF ARTISTIC

GYMNASTICS

Classes and camps for all ages. 541 344 2002 1205 Oak Patch Rd., Eugene

PETERSON BARN

Programs for youth, families & seniors including pre school & afterschool programs 870 Bertzen Rd, Eugene 541 682 5521

RIVER ROAD PARKS & REC

Fitness & enrichment opportunities for youth & adults. Gymnastics program, swim lessons, camps. 541 688 4052 1400 Lake Dr, Eugene

ROARING RAPIDS PIZZA

Pizza place with a working carousel. 541 988 9819 4006 Franklin Blvd

SHELDON COMMUNITY CENTER

PPreschool, after school programs, camps, fitness center. Pool lap & rec swim, lessons, water based fitness classes. 541 682 5312 2445 Willakenzie Rd, Eugene

SPRINGFIELD PUBLIC LIBRARY

Story time, events for families. Check the website for a current calendar. Free for City of Springfield residents 541 726 3766 225 N 5th St, Springfield

WILLAMALANE PARKS & RECREATION

Fitness & enrichment classes, camps & preschool & afterschool programs. Scholarships available. 541 736 4544 250 S. 32nd, Springfield



Nature and Outdoor Recreation

ANNIE MIMS COMMUNITY GARDEN

This community garden is a place for community to gather, grow and garden. It is sponsored by the NAACP and hosted by Our Redeemer Lutheran Church. 255 Maxwell, Eugene

NEARBY NATURE

Register online for in person Nearby Nature School, summer day camps, Green Start Play Days, Nature Quests, Haunted Hike, and Citizen Science Saturdays. 541 687 9699 622 Day Island Road, Eugene

WHOLE EARTH NATURE SCHOOL

Unique nature connection programs, utilizing an approach rooted in ancient knowledge, filled with real life experience, and sprinkled with a touch of mystery. Outdoor school, distance learning, after school programs, camps, 541 937 5437

EUGENE PARKS AND NATURE AREAS

For a comprehensive list of parks and natural areas in Eugene, take a look at this website: https://www.eugene or.gov/632/Parks and Natural Areas A Z 1820 Roosevelt Blvd., Eugene

541 682 4800

CITY OF EUGENE COMMUNITY GARDEN PLOTS

Six community gardens throughout Eugene with more than 340 plots. Low income gardeners may submit a Scholarship Application to receive a plot fee discount. Community Organizations may submit a Community Garden Partnership Application to have the plot fee waived

HUERTO DE LA FAMILIA

Estamos ampliando las oportunidades y la capacitación en agricultura orgánica y la creación de empresas a las familias. We increase the health and economic security of Latinos in Lane County, Oregon by providing opportunities and training in organic agriculture and business creation to families.

FFLC GARDENS AND FARM

The GrassRoots Garden and the Youth Farm grow fresh nutritious food for distribution while providing opportunities for youth and adults to grow, learn and contribute to their community. Seed to SupperTM is a free beginning vegetable gardening course that teaches participants how to garden on a budget. 770 Bailey Hill Road, Eugene 541 343 2822

LOCALLY GROWN GUIDE

A free guide to Lane County farmer's markets, farm stands, U Picks, CSAs, and more. info@willamettefarmandfood.org 541 658 0715

LANE COUNTY MASTER GARDENERS

Affordable / free educational opportunities, gardening advice, classes, and activities. 996 Jefferson Street, Eugene

lane.extension@oregonstate.edu

- Office : 541 344 5859
- Master Gardeners: 541 344 0265
- Master Food Preservers: 541 344 4885
- 4 H Youth: 541 344 5043
- Nutrition Education: 541 344 0249

PARKER LEARNING GARDENS

Our gardens offer creative environments for garden based education. Planting, cultivating and harvesting in a garden enables tangible, real life involvement that provides sensory and exploratory learning for a multitude of ages and audiences.

31241 Lanes Turn Road, Eugene info@parkerlearninggardens.com

SCHOOL GARDEN PROJECT OF LANE COUNTY

We help Lane County schools develop onsite vegetable gardens where we teach children the basics of growing food. We also provide material and curriculum resources; professional development for educators; volunteer recruiting and training; and maintenance support to sustain and expand gardens.

SEED LIBRARY (EUGENE PUBLIC LIBRARY)

Get seeds: Choose seeds by self service at any library location. At the Downtown Library, find the Seed Library on the 2nd floor in one of our vintage card catalogs. Seeds are also available in smaller collections at our Bethel and Sheldon branches.

Donate seeds: Seed donations can be dropped off at the Seed Library box on the Information Desk at the Downtown Library, or given to staff at Bethel and Sheldon branches. You can donate seeds you have purchased, even if the packet has been opened or partially used. We also accept locally grown and harvested seeds if they are clean, dry, and stored in a labeled container. Download and print a donation form to attach to the seeds.